

May 2026

Spring newsletter



Our latest quarterly update features highlights of our work for the Community in the past few months.

Including new faces, recent discussions and events as well as upcoming activities.

Honorary President Maureen Solomons recognised for lifetime achievement. Pictured with Honorary Vice-President Lesley Roles.



May is National Walking Month. Find out more about our weekly walking group, Tuesday Trails.

Featuring: Maureen's Lifetime Achievement recognition, Freda's birthday, Whisky Barrel fundraising milestone and more...



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The Walton Community Care Centre



www.jcarescot.org.uk

Maureen's Lifetime Achievement

Jewish Care Scotland Honorary President Maureen Solomons was presented with a Jewish Volunteering Network Lifetime Achievement Award.

Maureen has been volunteering with Jewish Care Scotland for over 40 years, having joined Jewish Care Scotland in 1986. Maureen spoke fondly to guests at the presentation during Jewish Care Scotland's Welcome Wednesday, and told them how after joining the charity she "never looked back".

During her tenure Maureen has been involved in a variety of roles ranging from driving a minibus, befriending vulnerable clients and now as Honorary President. Maureen played a key role in establishing Jewish Care Scotland's Welcome Wednesday café with the aim of bringing people back together following Covid-19 lockdowns. Maureen continues to work tirelessly today to organise and deliver the popular weekly café.

Jewish Care Scotland staff and members of the Board joined the attendees of Welcome Wednesday to celebrate Maureen's success and contribution to the Community over the past 40 years with guests congratulating Maureen through song, led by Eddie Binnie. Jewish Care Scotland Chair Dr Richard Groden presented Maureen with her trophy from the Jewish Volunteering Network to celebrate her Lifetime Achievement Award.

Mazel tov Maureen!



#Maximisingresources

Summer scheme grant

We want everyone to have the opportunity to enjoy summer holidays and to benefit from the Maccabi Summer Scheme. That's why we are pleased to be able to offer a Summer Scheme grant to families struggling to meet the additional costs associated.

This is a one-off grant of £200 towards the Maccabi Summer Scheme for households with children, who have limited disposable income.

Some terms and conditions apply.
For more information or a discreet chat please call 0141 620 1800 or email hello@jcarescot.org.uk.



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#ConnectingPeople

Welcome Wednesday

Discussion Panels

In April, Lennie hosted his popular discussion panel at Welcome Wednesday. Discussing Glasgow Jewry and the future of the Community, Lennie was joined by Carmen McPherson of the Jewish Council of Scotland, the Scottish Jewish Youth Alliance's Shayna Conn and Chairman of Garnethill Synagogue Dr Susan Siegel.



Save the date for the next panel discussion on promoting emotional and physical wellbeing. Wednesday 24 June from 1.30pm

Spring Fayre success

Our JCS Spring Fayre was a great success with all visitors enjoying the opportunity to shop and support local businesses including Mona & Nettie, Phillipa's Boutique and Dear Green Candle Co.

All sales from the JCS Knit and Natter stall, selling unique handcrafted items, were generously donated to Jewish Care Scotland and we are delighted to announce that over £180 was raised. Huge thanks to all of our talented knitters, crocheters and creators and to everyone who supported the event.



#PromotingWellbeing

Tuesday Trails

In November 2025, based on Community feedback, we launched our weekly walking group Tuesday Trails.

The all-weather group meets each Tuesday morning for a local walk followed by refreshments and conversation. Supported by JCS staff and volunteers, the walking group is suitable for all abilities with walkers setting their own pace and covering their preferred distances.



If you'd like more information about Tuesday Trails, speak to a member of the team.

Monday Funday

Monday Funday enjoyed our first outing of the year, setting off to the bonnie, bonnie banks of Loch Lomond. The group enjoyed some free time to explore the shops at Loch Lomond Shores and to wander along the sandy bank of the Loch in the sunshine.

Monday Funday is a monthly group event offering a chance to meet with old friends and new ones to take part in activities or entertainment shaped by your interests.



#ConnectingPeople

Welcome to the team!

We are delighted to welcome Rotem to the team as our Communications and Engagement Officer.

In line with our Strategic Plan, Rotem will play a key role in linking with other key organisations in the Jewish Community, engaging with new audiences and increasing opportunities to connect.

Please say hello if you see Rotem around at JCS.



Happy birthday Freda

We were delighted to present Freda Tuck with some flowers at Welcome Wednesday to celebrate her recent big birthday. Freda is part of JCS Knit and Natter, supporting all of our events, stalls and even offering her support to the JCS and Maccabi Craft Camp last year. In celebration of her birthday, Freda invited her loved ones to make donations to Jewish Care Scotland in lieu of gifts. Thanks to Freda and all of her family and friends for their generous gifts towards our work!



#PromotingWellbeing

Spring into mindfulness



40 attendees joined us at May Terrace for a two-hour session on mindfulness techniques including breathing exercises and positive mindset, led by the fabulous Edward Reid.

We received some fantastic feedback from all who attended with some telling us they "thoroughly enjoyed it" and praising Edward's delivery, humour and positive attitude.

#Maximising Resources

Whisky Barrel Judaica

Jack and Diane Kay held an exclusive whisky tasting event as part of an ongoing fundraising drive for Jewish charities. Jack of Whisky Barrel Judaica, and his wife Diane welcomed guests to their home to enjoy an intimate whisky tasting event in aid of Jewish Care Scotland.

In 2022, Jack established Whisky Barrel Judaica, a unique initiative which sees Jack handcraft one-off items from oak barrels previously used to store Scotch whisky including Mezuzot cases, Chanukiot and Challah boards in exchange for a donation to one of Jack's three chosen charities. This latest event has now seen Jack, Diane and Whisky Barrel Judaica raise a combined total of more than £10,500 for all three charities.





Presentation

Scam and Fraud Awareness

Presented by
David Collie

from Police Scotland
G Division, Safer Communities

Wednesday 12 August
from 1.30pm



Walton Community Care Centre, May Terrace G46 6LD

Volunteer vacancies

We are seeking volunteers to help us to reach more isolated people in the Community.



Volunteer roles include:

- Driver
- JCS Wellbeing Hub Driver
- Befriender
- Call on me
- Welcome Wednesday

"It is an excellent way of meeting and interacting with members of the Community."

- Sandra

Volunteer expenses will be reimbursed.

Training will be provided and successful applicants will be required to complete a PVG check.

For more information please call Jean on 0141 620 1800 or email hello@jcarescot.org.uk.