



Spring newsletter



Spring has well and truly sprung and Jewish Care
Scotland are enjoying the sunshine and daffodils. Many of the people we support are taking advantage of the good weather to get out and about on their social support visits, with our Community Connects group enjoying an afternoon out in the sun together too.





Knitted fruit by JCS Knit & Natter-ers, Daffodils by Jean, purple gnome by Jac!

Featuring:

JCS's Pre-Seder, a new project, volunteer vacancies and upcoming events!



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The Walton Community Care Centre



www.jcarescot.org.uk



Sylvia, Christopher, Ruth, Mildred and Rita at our Pre-Seder

With huge thanks to The Netherlee and Clarkston Charitable Trust, our JCS Wellbeing Hub enjoyed a festive pre-Seder event. Our regular attendees were joined by some of their loved ones, as well as the Calderwood Lodge Primary School Jewish Ethos Committee who explained all parts of the Seder Plate before enjoying a delicious meal together.

Mindful Moments

This spring we are launching our latest project, a dementia support service for people living with a diagnosis and their carers and loved ones.

With support from volunteer Danielle Lewis, and our trained Support Workers, the monthly session will offer the chance to take part in meaningful activities as well as benefiting from emotional peer support.

From 10.30am until 12.30pm on the first Tuesday of each month at Jewish Care Scotland.

Get in touch for more info or to register your interest.



From Tuesday 6 May 2025

Mindful Moments



Group activities and emotional peer support for people affected by dementia and their carers/ family



Join JCS on the first Tuesday of every month from 10.30am to 12.30pm.

Meet with other carers and family members to share experiences in a safe, confidential space while your loved one enjoys meaningful activities with our trained team.

Refreshments provided.

For more information please contact us by calling 0141 620 1800 or email hello@jcarescot.org.uk

The Walton Community Care Centre, May Terrace, Giffnock G46 6LD



Volunteer with us

We have a number of volunteer vacancies at the moment. If you have some spare time and want to give back to the Community we have a role for you! Whether you fancy helping with some light gardening, making welfare calls to isolated people in the Community, supporting our fundraising team or helping out at Welcome Wednesday we want to hear from you!



In particular, we are seeking a volunteer driver who would be available to collect lunches from Giffnock and make deliveries in and around the surrounding area. JCS offer a short-term lunch delivery service which might benefit people upon hospital discharge for example or following a health concern until a more long-term solution can be be put in place. If you're a driver who can spare an hour or two to help make this possible please get in touch! Call Jean on 0141 620 1800 or email hello@jcarescot.org.uk.



https://www.jcarescot.org.uk/jobs/

Congratulations Jean!

Our Selfior Support Worker, Jean Guthrie, has been named as a Finalist in this year's Scottish Care - Care at Home Awards in the Leadership Category! Jean joined JCS almost two years ago and has brought a wealth of experience in care as well as an abundance of passion and determination to provide quality care. Every day Jean goes above

and beyond and sets a great example for all her colleagues.

Good luck!



Bubbly Bingo

Join Jewish Care Scotland for a glass of bubbly, afternoon tea and bingo fun!

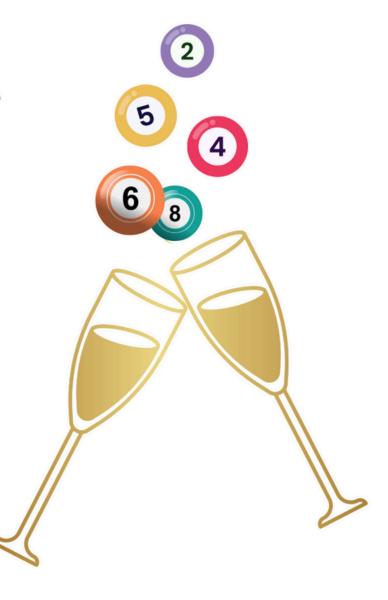
With great prizes up for grabs, why not get your friends together for a good afternoon for a good cause?

Tickets cost £25

and include a glass of bubbly, afternoon tea, tea or coffee plus three games of prize bingo!

To book call us on 0141 620 1800 or email comms@jcarescot.org.uk.

Sunday 22 June 1pm to 4pm





Scottish Jewish Youth Alliance

x Jewish Care Scotland

Collaboration

Our collaborative, intergenerational work with the Scottish Jewish Youth Alliance has continued over recent months. Pupils from Mearns Castle High School joined our JCS Wellbeing Hub and took part in various activities, even running a game of bingo for our attendees!

JCS will support the Maccabi Summer Scheme again this year and look forward to welcoming the young people to share lunch with our JCS Wellbeing Hub! Financial Assistance grants are available to eligible, low-income families to ensure their children can take part. Contact JCS for more info.



The Jewish Blind Society (Scotland)



Financial assistance is available to improve day-to-day living.

The Jewish Blind Society (Scotland) provides assistance to people in the Jewish community who are registered blind or partially sighted.

The Society also offers support to those who suffer from a physical disability and are non-ambulant or have a chronic or terminal illness, or have age-related additional needs.

If you or someone you know could benefit from support from The Jewish Blind Society (Scotland) please get in touch to have a **confidential**, informal discussion about how they can help.



0141 620 3339



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AI: Artificial Intelligence

26 March 2025

Thank you to our Chairman Lennie
Wilson and our panelists Gideon Green
and Colin Laidlaw for delivering a
wonderfully information conversation
about all things AI!

Next up: Glasgow Jewry - a year in review

Wednesday 30 April

Lennie will be joined by Rabbi Rubin, Paul Winocour, Shayna Conn and Timothy Lovatt - almost exactly a year on from on "Where are they taking us discussion" in 2024! See you there.



McTenr's

Valuation event



Bring along your antiques or collectables to be valued by the experts...



For a donation of £10 you can bring along up to three items, or for £15 you can bring up to five items to be valued!

Wed 25 June

From 12 - 3pm



The Walton Community Care Centre, May Terrace, Giffnock





Have your say!

In September 2020, Jewish Care Scotland (JCS) launched our five-year strategic plan setting out the vision for the charity. The main strategic priorities identified were: "Connecting people", "Promoting wellbeing", and "Maximising resources".

Five years have almost passed, and our staff team and Board of Trustees are now working on our next Strategic Plan and considering the future direction of the organisation. To ensure we continue to meet the needs of the community we want to hear from you!

Please take a couple of minutes to provide some feedback on our current services, your experience with JCS and any ideas you have for the future of the organisation.

The survey is available online - you can find the link on our social media and website, or by visiting:

https://www.smartsurvey.co.uk/s/JCS2025/

The survey is available until Wednesday 30 April.

Your support and input are greatly appreciated, thank you.

