

# Jewish Care Scotland



## 165th Anniversary

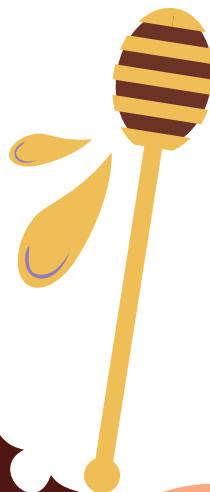
October 5 2023 marks the start of Jewish Care Scotland's 165th year in service to the community. With your help, we are well on the way to achieving our goal of 165 donations of £165.



## Updates from the heart of the community...

Hello, and welcome to Jewish Care Scotland's quarterly, Autumn newsletter update. Over the summer months we've been busy growing our core services: from registered services to financial assistance, from the drop-in café to day trips. Read on for updates from our summer trip to Troon, our visit from Therapy Ponies Scotland, the success of the panel from the heart of the community, JCS's blog launch and much more.

## Rosh Hashana





*Did you know?*

**We offer financial assistance**

## **Maximising resources**

Jewish Care Scotland understand that due to the current cost-of-living crisis everybody may need an extra helping hand; to support the community we have a one-off financial assistance fund available.

We offer specific grants at seasonal times of the year, including Jewish holidays and school holidays. Keep an eye out on social media and the news section of our website for more information. We consider all applications from anyone in the community experiencing hardship, please reach out today.



**Financial support**



**Email**

[hello@jcarescot.org.uk](mailto:hello@jcarescot.org.uk)

**or**



**Phone us on**

**0141 620 1800**

All applications for financial assistance are treated in the strictest confidence. Our team will carry out an assessment of your circumstances to ensure that we offer the most appropriate advice and support.





## Panel from the heart of the community

Lennie's discussion panel has been a great addition to Welcome Wednesday and has quickly become a highlight in the calendar.

*-Robyn Friel,  
Deputy Chief Exec*

If you'd like to be involved in a future discussion panel, please email [comms@jcarescot.org.uk](mailto:comms@jcarescot.org.uk)

### Previous Panels

- July 2023 Pilot Panel
- Glasgow Jewry in 2023
- Discussing Your Future: Your health, both physical and mental

Lennie Wilson's monthly discussion panels have been a roaring success. During August, Welcome Wednesday had more than 50 visitors, coinciding with discussion panel day, breaking the current record for number of attendees. It's clear that the group has brought many faces, both new and old, to the Walton Centre.



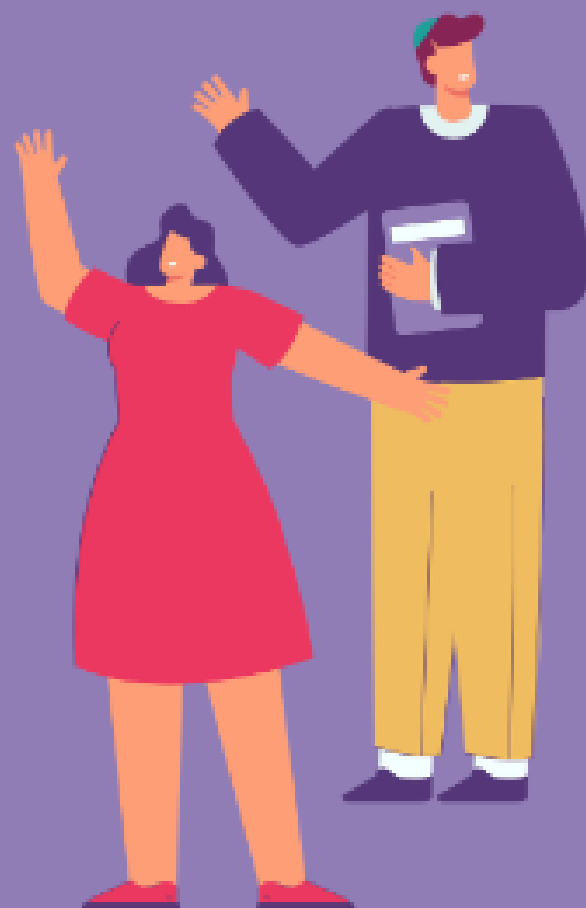
# Volunteer with us!



We are looking for extraordinary people who can spare some time to support various functions at JCS. As a volunteer you become an invaluable part of our team and can make a huge impact on our community.

We currently need support in the following areas:

- Welcome Wednesday drop-in
- Call on me volunteers
- Happy Mondays volunteers

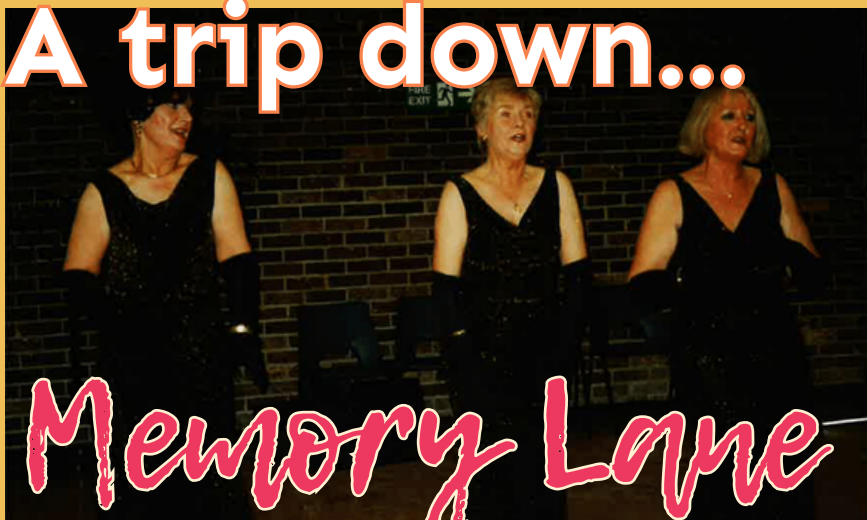


For more information  
email  
[hello@jcarescot.org.uk](mailto:hello@jcarescot.org.uk)  
or visit  
[www.jcarescot.org.uk](http://www.jcarescot.org.uk)



# A trip down...

## Memory Lane



Throw back  
from the  
archives!

Email

[comms@jcarescot.org.uk](mailto:comms@jcarescot.org.uk) if  
you recognise anybody in  
the photographs.



# Wellbeing Hub

## Summer Troon Trip



Thursday 27 July





Coffee or tea?  
We have both!

# Happy Mondays

*Afternoon tea*

Commencing  
**Monday 9 October**

2 - 4pm

The Walton Community  
Centre, Giffnock

## JOIN US FOR...

- Kosher afternoon tea
- Including tea and coffee
- Cakes and sweet treats
- Sandwiches
- Coffee and company



**WELCOME**

# Introducing...



## “Thomas

**Support Worker**

“It’s been a blast getting to work with such a great team and to get to connect with everyone, especially at Welcome Wednesday and the WellbeingHub.”



## Cally

**Communications Officer**

“The past two months working with JCS has been a pleasure, I’m looking forward to continuing this professional journey.”



## Leah

**Sessional Support Worker**

“As a Jewish person who would like to build a career in healthcare and support, this is the ideal role for me. Being able to connect with people I know from the community has made it really rewarding and special.”



# Therapy Ponies Scotland

Thursday 7 September



## The mane attraction...

Flicker and Wilson, two miniature Shetland ponies came along from Therapy Ponies Scotland, to meet the people attending the JCS Wellbeing Hub.

Flicker and Wilson also met some people supported by neighbouring charity Cosgrove Care, as well as a group of children from Calderwood Lodge Primary School, participating in an intergenerational project with Jewish Care Scotland.



After 10 years of looking after animals, John and Elaine officially started Therapy Ponies Scotland in 2015 with the aim to brighten people's day while also reducing stress. The ponies stand at about 2ft tall, complete with tiny pairs of Converse to ensure they don't slip indoors!



## Events





## Carers corner

within Welcome Wednesday  
from 1.30pm to 3pm

Join other unpaid carers from the  
community on the last Wednesday of  
each month for a coffee and a catch up.

Refreshments available at  
Welcome Wednesday  
from 12 pm to 3pm.

*The last  
Wednesday  
of each month*

