

Jewish Care Scotland – The Heart of the Community

It has been an exciting year for JCS, with many positive changes taking place. We've continued to provide outstanding care and support to the Jewish community and met the many challenges which come with meeting the increasing needs of an aging population.

What makes Jewish Care Scotland special and unique is that we align what we do with our partners in the health and social care sector. We are constantly looking at ways to make a difference to those we support such as introducing more focused activities in day care, to more meaningful support in the community which will enable our community to live independently for as long as they wish. By working in partnership with East Renfrewshire Health and Social Care Partnership, we have been able to support those most in need of care and support and build effective relationships for the future. Such strong foundations will enable us to begin the process of evolving our current services through co-design and co-production of community based care services with ERC and enable us to consolidate our current offer to the community. 2018 has been a year of strengthening what we do and preparing the ground for the future.



The Walton Community Care Centre in May Terrace remains the hub of all our activities. Providing such a safe and comfortable place for members of our community cannot be underestimated and provides a vital lifeline for clients and carers alike. This year our Aviv Club was reviewed by the Care Inspectorate and reported positive outcomes, evidencing that what we do does make a difference. The care and support delivered by our staff was especially commented on and the need to introduce activities which promote the social, emotional, physical and spiritual wellbeing needs of our clients. We are keen to implement these over the coming year and are sure it will enhance the client experience greatly. As ever, our volunteers provide vital support to the running of our services and our organisation and without them, we simply could not do it. We are grateful to our loyal volunteers for continuing to stick by us, even through periods of difficult change and would like to say thank you to each and every one of them for their continued commitment to making a difference to others.

In line with developing the organisation and making it the best it can be, we launched our Thrive consultation in October. The purpose of this is to really find out from the community what they think about Jewish Care Scotland and what they need from us, both now and in the future. This work will be pivotal in supporting a new strategic direction for the organisation and will mean that at the heart of any new direction of travel will be the needs and wishes of the community.

As you can see, there has been lots going on and there's still much more to do. I myself have only been in role a short time after having taken over the reins from Kevin Simpson in October 2018. In my few short months here, I have been genuinely impressed by the commitment of every one who has been involved with Jewish Care Scotland – from client, to carer, to the people of the community who don't have much contact with the organisation but will either help with knowledge, time, or financial

contribution. To see so many people come together to help and to see such passion to make what we do the best it can be has been truly humbling and inspiring – long may it continue! I continue to feel privileged to serve such an organisation and would like to sincerely thank all of you for such a warm welcome into post – your kindness and support is hugely appreciated.

Julie Marshall, CEO



JEWISH CARE SCOTLAND ANNUAL REVIEW 2019

Our Year In Pictures





Our Services

Jewish Care's Scotland dedicated Community Team provide care services to the Jewish Community across all 32 Scottish Local Authorities, empowering individuals and families to live their lives with dignity. We provide an innovative person centred approach, offering flexible and creative care for clients with health, social and financial needs.

Organisations we are actively working together with include:

- Chai Cancer Care
- Breast Screening Programme
- Macmillan East Renfrewshire
- Scottish Fire and Rescue
- Talking Points
- Calderwood Lodge
- East Renfrewshire Health and Social Care Partnership
- Trussell Trust

Organisations we have worked alongside, to share information and training knowledge, and to raise awareness, include:

- ERC's Prevention Service
- East Renfrewshire Self Directed Support Forum
- Voluntary Action East Renfrewshire
- Jewish Care (London)
- Newark Care
- Social Security Scotland



Our Day Centre

The Walton Community Care Centre is at the heart of what we do. Home to our Day Centre, we run 4 clubs here for 5 days of the week. This is also the base for our Community Team, and is used by many members of the community who need a bit of support, and find it easier to drop in and sit down with a member of the community team in one of our private counselling rooms.

Our Clubs

The Aviv Club runs on a Monday and Wednesday for senior adults who require significant support in order to maintain their independence. It's a bustling club with chair yoga, arts & crafts, entertainers, and singing on offer as well as a very popular on-site hairdresser.

The Thistle Club is a popular social lunch club for more active senior adults on Tuesdays and Thursdays. Highlights are the volunteer-run Culture Club; a self-driven Discussion group; arts & crafts; invited speakers; and and even the odd special visit from the traveling zoo. The Chanukah party, summer outings and Burns lunch are enjoyed alongside traditional Jewish holidays. Staff from the Day Centre are on hand to offer support and to provide transport for those requiring it.



The Kandu group offers an opportunity for adults with life-limiting illnesses to socialise and enjoy engaging discussions, lunch and snacks. All club members are able to join in with the Thistle club activities if they wish, giving them an opportunity for a wider social interaction.



The popular Sunday club is a social group for senior adults and is run in partnership with the Jewish Blind Society. This is a casual high tea in the early afternoon and is supported by staff from the Day Centre, who also provide transport to those who require it.

"I find people here are just so very kind and helpful. They really do their best for you here and we always feel so welcome"
– Club Attendee

Our work in Edinburgh

While the majority of our work is in Glasgow and East Renfrewshire, we know there is a significant Jewish community in Edinburgh and therefore people with similar needs. Thanks to a grant from the Pacey & Bryndberg Foundations, we are delighted to have been able to continue providing dedicated support to the Jewish community of Edinburgh in 2018/2019.

Our Stories

Pesach for all!

Each year, there will be some Jewish families who struggle to celebrate at Pesach. Passover food can be very expensive and the costs can prevent many people who are struggling financially from being able to keep a traditional kosher Pesach. Others may be socially isolated, and find it difficult to make contact with the community at this time.

Each year we do our best to help people in these situations, and make sure that every Jewish family in our community is able to celebrate this important holiday. For those families who may have difficulties paying for the special Passover food, we were able to provide food parcels, enabling 20 families to celebrate Pesach. For some, just receiving the visit from Jewish Care Scotland staff to deliver their parcel made them feel a part of their community and Pesach.

In addition, we held an Aviv Club symbolic Seder and a Thistle Club Seder with almost 90 people joining in with the ma nishtana and dayenu. For many attendees the Jewish Care Scotland Seder is the only opportunity to attend a Seder as they may have no family members living locally and would otherwise be on their own during this important Jewish festival.

Rabbi Rubin, who was at the symbolic Seder said "The nicest part of this pre-Seder event (besides the food!) was listening to everyone talking about their different traditions and songs and what makes Pesach special to them. A real time of sharing."



Thanks to the Ralph Slater Foundation and the Netherlee and Clarkston Charitable Trust for their financial support which enabled us to run this project.

Bringing the generations together

In April and May we had a few new faces in the Walton Day Centre as 8 pupils from Calderwood Lodge Primary School came to visit us as part of a new and exciting inter-generational project!

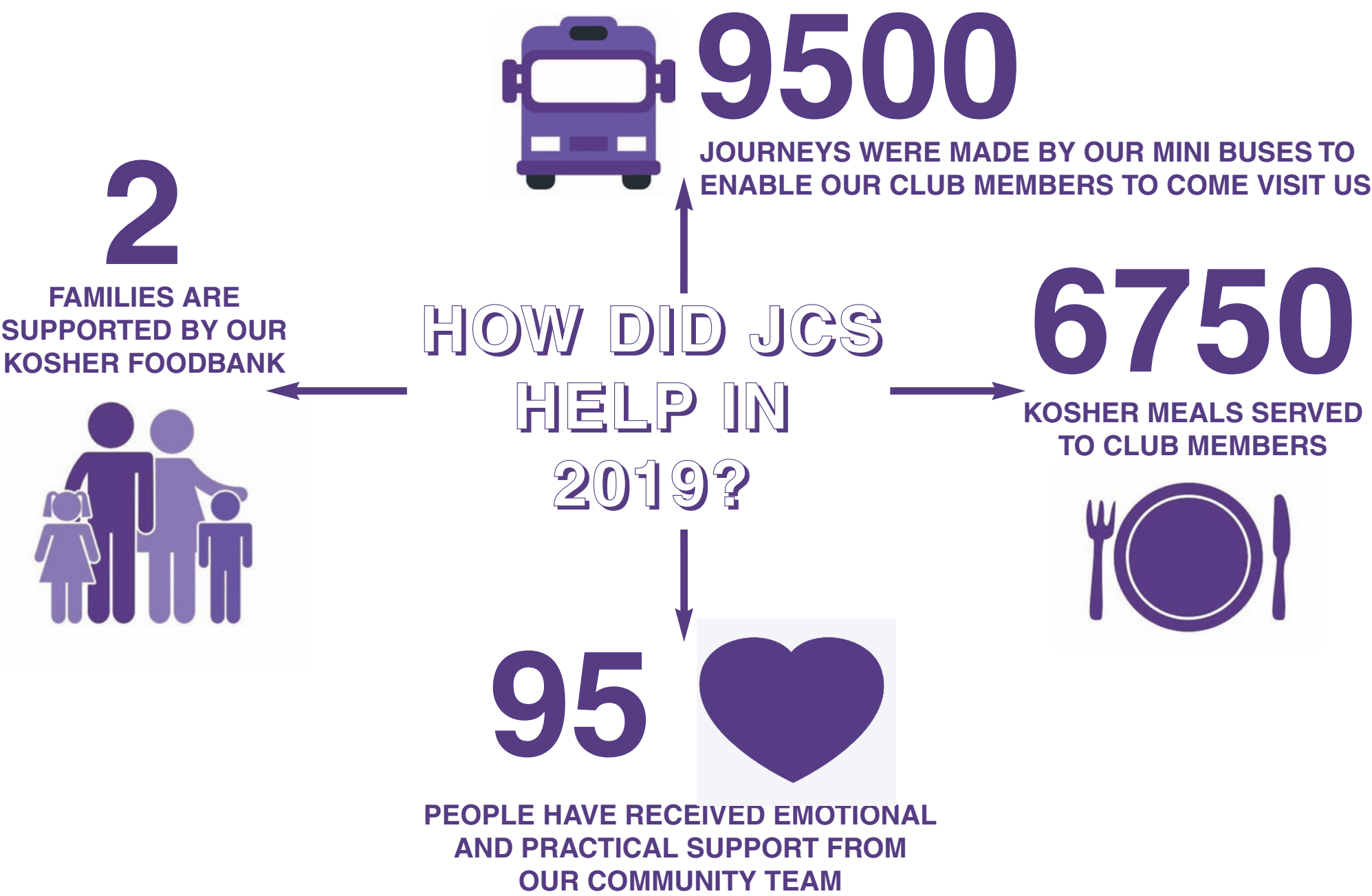


Calderwood Lodge Headteacher Lisa Corr said: "The project has been a wonderful experience for both the children and clients. Children have enjoyed sharing their writing and spending time with the clients to build relationships and learn of their experiences at school. The children involved have valued this ex-

throughout the project through the opportunities to take part in joint activities and time spent in conversation. This is a special project that we look forward to continuing in the future."

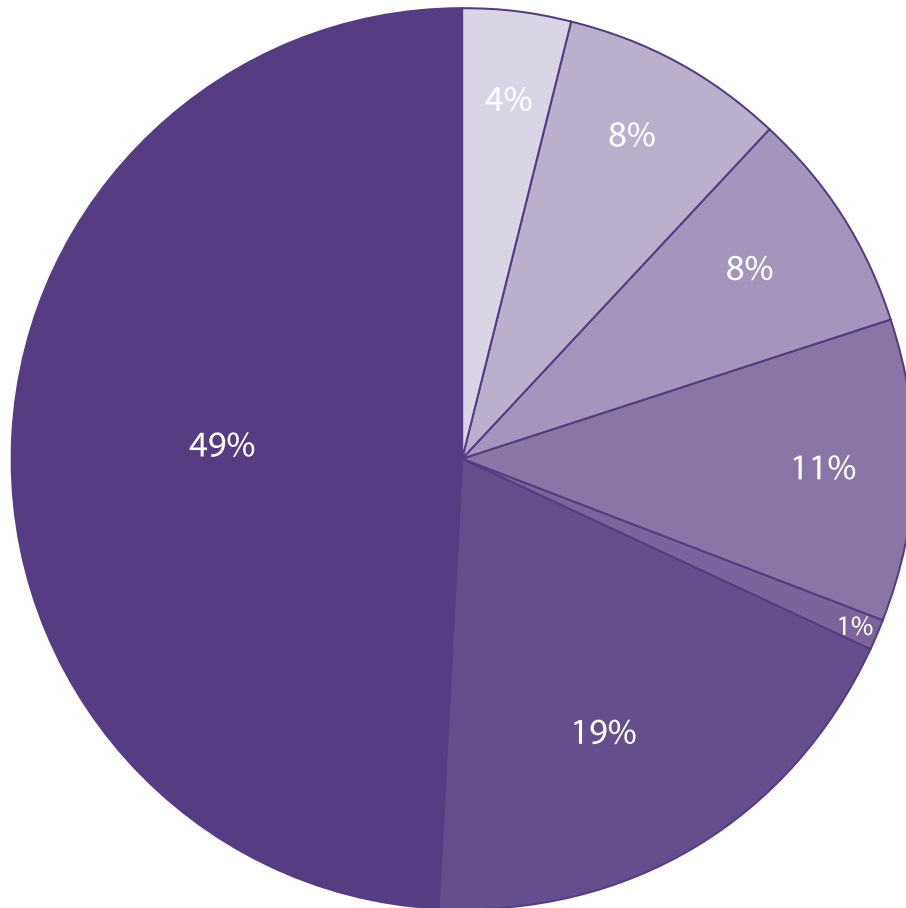


Our Year At A Glance



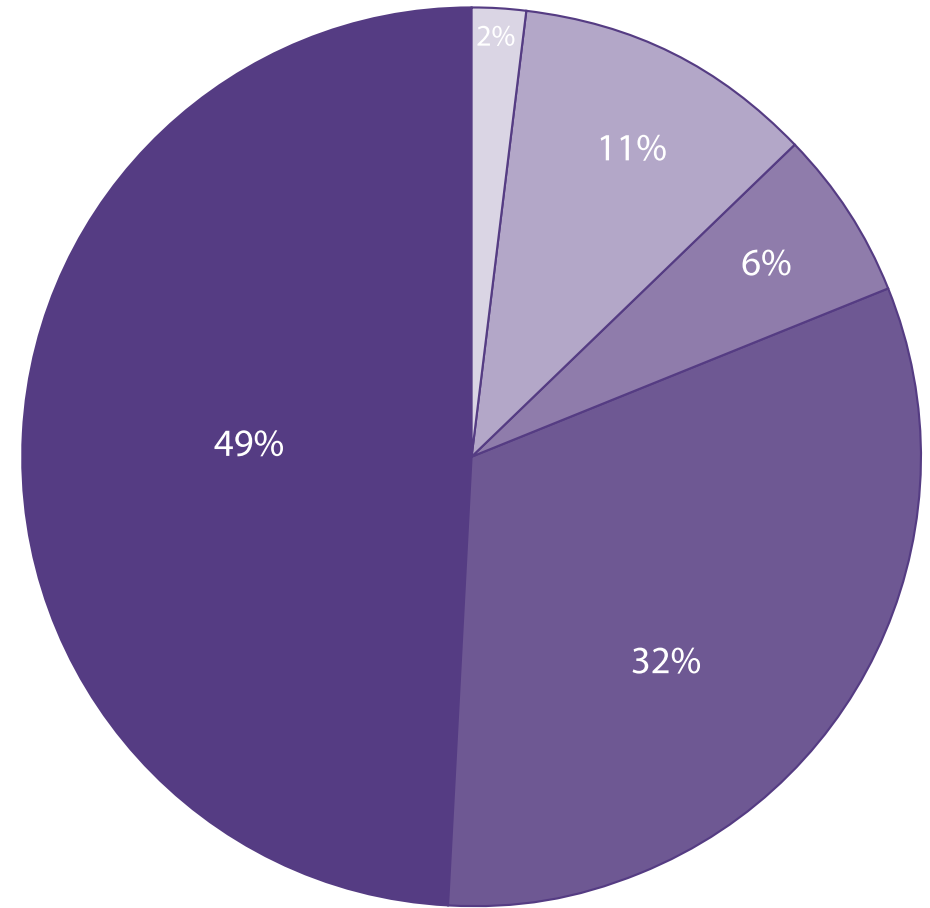
Our Finances

How we are funded



- Donations & Fundraising
- ERC for Aviv & Kandu Clubs
- Legacies
- Jewish Blind Society (Scotland) Donation
- Clubs
- Investment Income
- Tenant's Management Charges

Where the money goes



- Staff & Governance costs
- Building & other overheads
- Clubs
- Hardship Grants & Foodbank
- Transport / Outings & Festivals

Volunteering

During the past year we have been working hard to develop the Volunteer programme. This has resulted in a rigorous training programme to enable volunteers to provide quality services within their volunteering role. We are really proud that our volunteers now align with National Health and Social Care standards. This means they deliver exceptional care and support to the Jewish Community.

Volunteers assist within a wide range of service supporting a wide variety of roles including:

- Reception service
- Baking lovely Cakes
- Activities within the day services
- Fundraising support
- Day service
- Arts & Crafts therapy



We will be working within our new structure to put plans in place to ensure that JCS can involve volunteers more broadly in our work, involve skilled volunteers by focused and targeted recruitment for different demographics, professions or skills and look at ways to further measure the impact of volunteers.

A special thank you to all the volunteers for their support and commitment throughout the year to JCS.

If you would like to find out more about volunteering please contact Ellen McVey, Volunteer Manager on 0141 620 1800 or email ellenm@jcarescot.org.uk.

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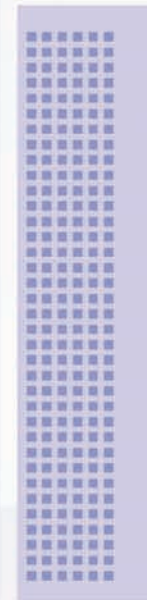
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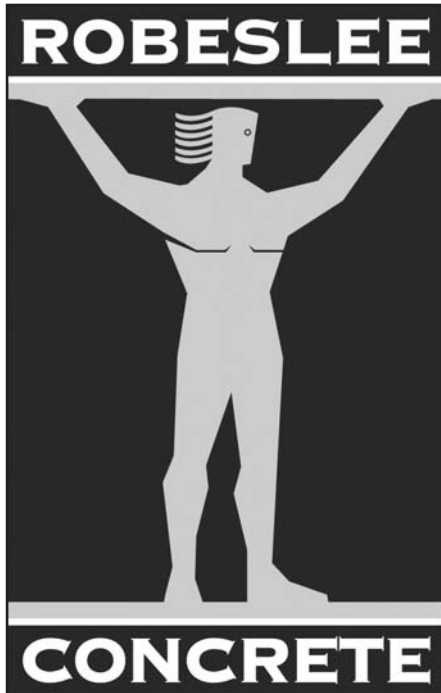
With Best Wishes
to all at Jewish Care Scotland

from
Lee and Richard Groden
and family

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