

# Rosh Hashanah Special Edition



This is a newsletter article that I never thought I would have to write. There is such a sense of disbelief at the untimely death of our Chairman and friend, George Hecht. His love for, and commitment to, the clients of Jewish Care Scotland was unquestionable and an inspiration to us all.



At various times, George served as a Board member, Treasurer and latterly as Chairman but his real commitment was as a volunteer with a smile and cheerful comment for every client whenever he saw them.

- George was a champion of our volunteer Befrienders, having served in that role himself, visiting older men who were isolated in their own homes.
- He raised funds for the Jewish Care Scotland Hardship Fund because he had first-hand

experience of the difference a small grant from that Fund could make for a vulnerable member of the community.

- He loved to drop into the Aviv, Kandu and Thistle Clubs where he would chat to old friends and check that everyone was being well cared for.

We shall all miss George very much. It was my privilege to serve under his leadership for only 15 months and yet I feel as though I have lost a life-long mentor and friend: he will not be forgotten. Our thoughts are with Angela and all the family.

Thank you for all you do to support us in partnership. Together we can ensure that the great work of JCS which George was so passionate continues to make a difference in the lives of many people in the community.

Best wishes,  
*Kevin Simpson*  
CEO

## Four easy ways to donate to our Annual Appeal:



*Donation cans can  
be found in  
reception*

**JustGiving™**

*Donate online:  
[justgiving.com/jcarescot](https://www.justgiving.com/jcarescot)*



*Send your donation  
via post in the pre-  
paid envelope*



*Ring  
0141 620 1800  
to make a donation*

# Where your money goes...

## *Musical Minds*

Musical Minds is the fantastic choir run by Eddie Binnie on Mondays for Aviv and Thursdays for Thistle.

It's a very popular activity and is regularly attended by around 20 members. Not only do the club members love it, but it fills the Walton Community Care Centre with singing and joy for everyone to enjoy. Freda Barnett, a regular choir goer, says: "The whole club loves the choir, it's wonderful!"

The choir is a great way for club members to reminiscence and singing is known for increasing emotional wellbeing by stimulating the senses. Eddie says: "We always play feel good songs and I take song suggestions from the clients – they really are the main entertainment, I'm just the backing singer!"

Song sheets are handed out by enthusiastic volunteers for each song so everyone will know the words. Lots of hand clapping, arm waving and smiling are thoroughly encouraged. Another choir regular, Betty Black, says: "It brings so much to people. I don't think any of us can sing! But it brings out the best in us."

**By donating to our Annual Appeal you help keep the music alive for these songbirds.**



## *Caring for our community since 1858*

### *Helping refugees*

JCS plays a pivotal role in helping Jewish refugees get back on their feet and settled into Scotland. So far in 2016 we have supported 23 refugees. The map below depicts the different countries they have travelled from to Scotland.

JCS works closely with the Home Office and the Rabbi to

help people integrate into the community and take back control of their own lives. JCS help with finding homes, jobs and access to education; we also make sure that there is someone looking out for them.

Some people arrive with nothing but the clothes on their back. **Your donation to our Annual Appeal can ensure we provide shelter, clothing and food to those in need.**



# Where your money goes...

## *Rosh Hashanah Food Parcels*

Each week 19 families access our kosher foodbank. It runs throughout the entire year to make sure that no one in the community goes hungry. Dedicated volunteers keep the foodbank cupboard well stocked with regular shopping trips that are funded by donations.

It can be particularly challenging during holidays when certain foodstuffs are normally enjoyed but can be costly. Last year we provided 15 food parcels for Rosh Hashanah for those most in need within the community; we aim to make the same amount this year.

This year's parcels will include honey, apples and other traditional Rosh Hashanah foodstuffs.

Financial donations are welcome, as well as donations of non-perishable Kosher foods and non-food items which can be handed in to reception during working hours.

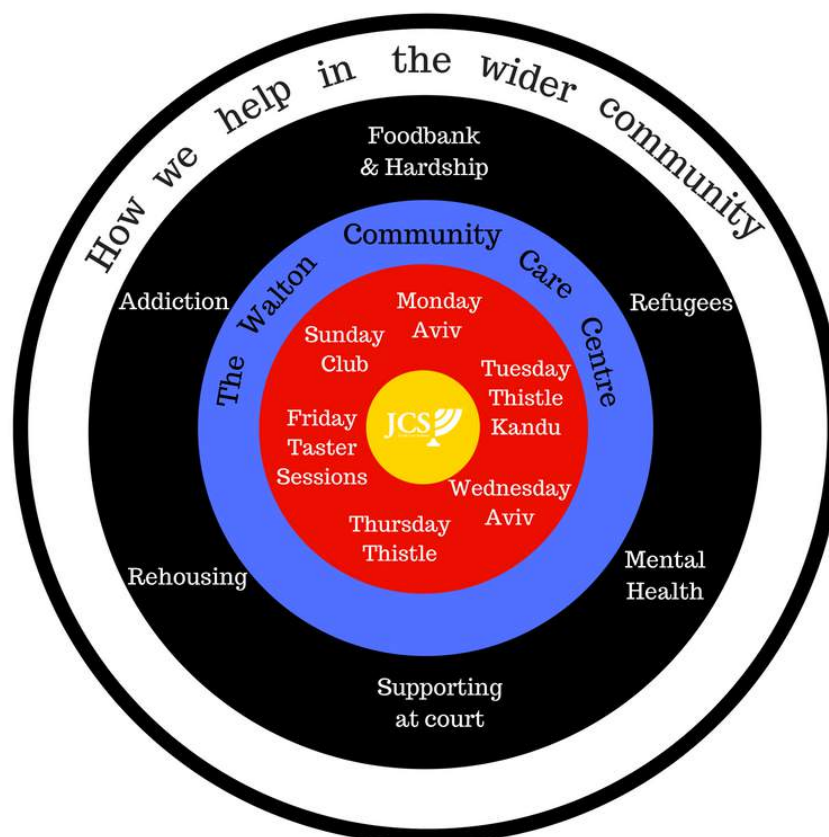
**Your donation to our Annual Appeal will ensure no one will go hungry in the community.**



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*Thank you for helping us to help the community*

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Six days a week we target those in need, whether this is at the Walton Community Care Centre or out in the wider community.

**Your donation to our Annual Appeal will keep all of our work within the community running for another year.**



*The staff are so selfless and caring. You have to be a certain kind of person to work here.*  
**Betty Black, Thistle club member**

*I no longer feel like a prisoner in my own home.*  
**JCS Client**



*I've lost count of the years I've been coming to the club; I'd be lost without it.*  
**Lenny Isaacs, Thistle club member**



*When someone comes to JCS for help the first thing they get is **hope**. We enable people to take control of their own lives; we can change their world.*  
**Cathy Bell, Director of Social Work**



*I was privileged to have met so many wonderful clients who became such a large part of my life; whatever I did for them, they did as much for me.*  
**JCS Volunteer**



*Scotland's only exclusively Jewish care charity*

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